



Working in an industrial area is exciting and very rewarding to many, but it can also contain a lot of hidden hazards detrimental to someone's health. Approximately 5.7 of every 100 workers experience a job-related injury or illness each year. Here we have collected some of the Top 10 Safety tips to help keep you safe from common dangers around the job.

1. Use tools and machines properly



2. Be aware of your surroundings



3. Be safe in the cold weather



4. Follow procedure, don't take shortcuts



5. Wear your protective gear



6. If you see unsafe conditions, let a supervisor know



7. Take breaks



8. Stay sober



9. Practice correct posture



10. Reduce workplace stress



**source: <https://employment.findlaw.com/workplace-safety/osha-faqs.html>*